

AUSTRALIAN ASSOCIATION FOR INFANT MENTAL HEALTH – West Australian Branch (AAIMH WA) CODE OF ETHICS

The AAIMH WA Endorsement for Culturally Sensitive, Relationship-focused Practice Promoting Infant Mental Health® (IMH-E®) is intended to recognise experiences that lead to competency in the infant, early childhood and family field. It does not replace licensure or certification but instead is meant as an evidence of a specialisation in this field. The AAIMH WA Endorsement® is cross-sector and multidisciplinary including professionals from psychology, education, social work, psychiatry, child and/or human development, nursing, and others. Endorsement indicates an individual's efforts to specialise in the promotion/practice of infant mental health (IMH) within his/her own chosen discipline. Each endorsed professional is bound by his/her own discipline's ethical standards, as well as those defined here.

Value: Importance of Relationships

- An AAIMH WA endorsed professional understands the importance of relationship, the primary instrument for growth and change
- An AAIMH WA endorsed professional uses knowledge and skills to promote, support, restore and sustain nurturing relationships for all infants, young children, and families
- An AAIMH WA endorsed professional works to establish strong, collaborative relationships with community professionals to enhance services to all infants, young children, and families
- An AAIMH WA endorsed professional understands the importance of past relationship experiences to the development of current relationships

Value: Respect for Ethnicity, Culture, Individuality and Diversity

- An AAIMH WA endorsed professional understands and respects the uniqueness of each individual with respect for ethnicity, culture, individuality, and diversity in all aspects of infant, early childhood, and family practice
- An AAIMH WA endorsed professional upholds the values of the families they serve by being a curious and responsible learner. This includes proactively engaging in consultation and formal training to learn about the cultures of the families they serve, so as not to burden families with the task of educating the professional

Value: Commitment to Dismantling Inequities through Social & Racial Justice Work

- An AAIMH WA endorsed professional honours and respects all of the identities that individuals hold including and not limited to race, ethnicity, gender identities, sexual orientation, religion, nationality, immigration status and others
- An AAIMH WA endorsed professional engages in ongoing deep personal and critical reflection, and participates in anti-racist, anti-bias professional development that commits them to the practice of infant mental health with a social and racial justice stance
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- An AAIMH WA endorsed professional is committed to dismantling structural inequities through advocacy by identifying and upholding policies and practices from within to create systems that advance social justice and work to dismantle racial and social inequities

Value: Integrity

- An AAIMH WA endorsed professional works in ways that are ethical, trustworthy, honest, responsible and reliable

Value: Confidentiality

- An AAIMH WA endorsed professional abides by the ethical standards of the agency or place of work and is guided by the legal and practice standards in human services, as well as those of his/her discipline

Value: Knowledge and Skill Building

- An AAIMH WA endorsed professional works continuously to acquire new knowledge and skills to enhance the understanding and application of IMH principles

Value: Reflective Practice

- An AAIMH WA endorsed professional seeks out and uses supervision and consultation, as appropriate, to reflect on professional development and personal growth related to work with or on behalf of infants, young children, and families

I commit to upholding these values in my professional work with or on behalf of infants, young children, and their families.